



Camden County 4-H

May 2020



NC 4-H Daily Spark

If you are looking for fun and educational activities to do with your child. NC 4-H professionals are offering daily Facebook Live Videos to engage our 4-H'ers during this COVID-19 Pandemic. They will be showing these on the [North Carolina 4-H Facebook page](#).



Virtual District Activity Day

The registration and upload date for Virtual District Activity Day is June 15th. If your 4-H'er is interested in doing a virtual presentation please contact Tyrone Dillard at tdillard@ncsu.edu for more information.



NC 4-H Summer CAMP OUT!

It is almost time for summer camp. Although face to face summer camp has been cancelled throughout the state to keep everyone safe during the COVID-19 pandemic. North Carolina 4-H camp staff have worked hard to create a virtual camp experience. Virtual summer camp is open to all children and they do not need to be registered in 4-H to participate. The virtual camp will take place June 22nd - June 26th. Space is limited so please register soon.



Embryology

Please be on the lookout in May for videos and educational presentations about the life cycle of chickens. Camden County 4-H will be incubating a dozen eggs and hopes to have a successful hatch of baby chicks.



4-H Creative Writing Contest

Camden County's creative writing contest is open to all High School students (current 9-12th graders). The theme of your essay will be "How has COVID-19 affected you?" Your essay must be between 200-500 words. The winning essay will be published in the Daily Advance and prizes will be awarded as follows:

1st: Wireless Skullcandy Headphones and a copy of "Dare to Write: Creative Writing Prompts for Young People and Word Rebels Everywhere"

2nd: A wireless bluetooth speaker and a copy of "Dare to Write: Creative Writing Prompts for Young People and Word Rebels Everywhere"

3rd: A copy of "Dare to Write: Creative Writing Prompts for Young People and Word Rebels Everywhere"

You do not need to be enrolled in 4-H, but you must register to enter your essay:

[Creative Writing Contest](#)

Please email entries to Marcia Berry at marcia_berry@ncsu.edu by May 15th at 5 pm.



Camden 4-H Clover Rover Virtual 5K!

Celebrate National Running Day with Camden County 4-H! Join us for our virtual Clover Rover 5k. This is a free event and open to all, but you must register no later than May 25th at 5:00 p.m. The top 35 runners 18 years of age and under will receive a Clover Rover medal and the remaining runners will receive a 4-H Healthy Living Pin.

This is a great way to stretch your legs, have fun and get some exercise!

- A 5K is 3.1 miles
- You must complete your race between May 30-June 3
- Race timing will operate on the honor system
- A google form will be sent to you to record your time until 5pm on June 3

There are several places to run in Camden County. Visit our [Parks & Recreation website](#) for more information.

So register today at:

<https://www.eventbrite.com/e/camden-4-h-clover-rover-virtual-5k-tickets-103369579194>



Special Thank You/Shout Out

On April 22nd Administrative Professionals Day was celebrated. Camden County 4-H would like to thank Amy Twiddy for all of her administrative support and creativity. The 4-H program would not be the same without her help.



NC State University and N.C. A&T State University work in tandem, along with federal, state and local governments, to form a strategic partnership called N.C. Cooperative Extension.

Extension's 4-H program is the largest youth development organization in North Carolina. We help over 247,000 young people grow into active, contributing citizens each year.