

NC 4-H CONGRESS

Six Camden County 4-H'ers attended the Centennial NC 4-H Congress held on the campus of NC State University the week of July 20-24th. Full time participants were: Jessica Gray, Tori Sawyer, Caroline Sawyer, Shelly Rhea and Erin Durden. Keith Sasser attended as a day only participant to compete on the state level with his outdoor cooking presentation. The full time participants participated in 4-H presentations, the Centennial Celebration, State Officer Campaign speeches and elections, a state wide community service project, the NC 4-H Performing Arts Troupe presentation of "We Are 4-H-The Musical," leadership workshops, a farewell banquet, dances, and candle lighting ceremony.

STATE 4-H CAMP

Eight youth attended NC 4-H State Camp at the Eastern 4-H Center in Columbia, June 28th to July 3rd. Campers participated in canoeing, kayaking, environmental education, shooting sports, team building games, climbing wall, ropes course, pool swimming and a farewell dance. Youth attending were: Kaitlyn Harris, Katelyn Simpson, Tanya Shackelford, Aaryn Shawley, Shannon Barefoot, Colby Sawyer, Adam Lawson, and Brennan Biggs.

4-H CULINARY ACADEMY

Twenty Camden and Pasquotank County youth participated in a week long day camp learning about culinary arts, meal preparation on a budget, proper food nutrition, importance of physical activity, kitchen and food safety, and much more. The

youth toured the kitchen of Montero's Restaurant, and also carved doves out of apples and made omelets under the direction of Andy Montero. The youth also toured the Culinary Institute of Virginia and ate a delicious lunch utilizing the manners and etiquette taught by Ms. Brenda Wynn, 4-H EFNEP Program Assistant. The youth ended the week by preparing lunch and a program for the parents on Friday. Plan are already being made for Culinary 2010!

**UPCOMING ACTIVITIES & EVENTS**

CAMDEN 4-H LEADERS MEETING

The next meeting/training for the volunteers and club leaders will be held on Tuesday, August 25th starting at 6:00 p.m. A dinner will be served, so please RSVP by Monday, August 24th. The meeting will be held at the Extension Office. Our training topic will be on 4-H club finances and helpful fundraising tips. We will also be discussing plans for the Centennial 4-H Celebration and also setting future meeting dates. The 4-H Leaders meetings are open to any and all 4-H volunteers, parents, and club leaders in the county.

CAMDEN 4-H FAMILY OUTING

The Camden 4-H County Council has planned a 4-H Family Outing for Saturday, August 29th. We will be going to watch the Tidewater Tides play baseball in Norfolk. The tickets will cost \$10 per person. Transportation will be provided for up to 14 people or we can caravan. We will have a fast food dinner on the way. You will

need money for dinner, the ticket and whatever spending money you think you will need. Parents are also invited to attend. We will leave from the Camden Extension Office at 4:30 p.m. on Saturday, August 29th and should return around 11:00 p.m. Please contact the Extension Office to reserve your spot and so we can order your tickets. We must have a group of 25 or more to get the tickets at the \$10 price, but we must have **AT LEAST 10 people** to go on the trip at all. Please RSVP by Thursday, August 20th so that tickets can be ordered.

NORTHEAST DISTRICT 4-H HORSE COUNCIL

The Fall Northeast District 4-H Horse Council meeting will be held on Tuesday, September 8th in Martin County. The meeting will be held at the Martin County Extension Office in Williamston. The meeting will begin promptly at 7:00 p.m. Transportation will be available. We will leave the Extension Office at 4:30 p.m., and have dinner on the way. We should return by 10:00 p.m. Plans will be made for the district horsemanship school and horse show. All parents and volunteers involved in the 4-H horse program are welcome to attend.

NORTHEAST DISTRICT 4-H VOLUNTEER LEADER'S FALL MEETING

The fall meeting for the Northeast District 4-H Leaders will be on Saturday, September 19th in Nash County. Once more information is made available a letter will be sent out. Please mark your calendars to attend. Transportation will be available.

# Announcements!!

Camden 4-H is on the World Wide Web! You can check out the Camden 4-H Program on Facebook and Twitter. Important dates, deadlines, information about events and activities, along with pictures from events have been posted. Check us out to get the most up to date information about the Camden 4-H Program. Become a Facebook Fan of Camden 4-H and follow the Camden 4-H Tweets!

## **New 4-H Club**

We are pleased to introduce the Camden 4-H K-9's Club. Mrs. Amy Durden, Mr. Mark Durden and Mrs. Tammy Munro have agreed to lead this community 4-H Club. They currently have 7 active members with lots of fun stuff planned. We are always looking to start more clubs throughout the community. If you are interested in learning more about starting your own 4-H club, please contact Danelle Barco at 338-1919 ext. 229 or email her at [danelle\\_barco@ncsu.edu](mailto:danelle_barco@ncsu.edu)

Please keep our office up to date on what your club is doing. You can get information to us by:

Mail:

P.O. Box 129, Camden, NC 27921

Dropping Off:

120 NC Highway 343 North,  
Camden, NC 27921

Fax:

252-338-0277

Email:

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